

Down Syndrome *Information Network* of the Twin Tiers

Volume 6, Issue 2

February 2006

January's meeting was very enjoyable. We had a lively discussion with some new members, Karen and Ernie, about inclusion, therapies, and potty training. We also covered some unfinished business from last year and set some dates and activities for the coming year.

Nominated for Officers for 2006

President.....Michelle Battersby
V-Pres.....Chris Heckle
Secretary.....Sharilyn Reynolds
Treasurer.....Rene Jones



It's not too late to step up to the plate. Most of us have volunteered in order to keep things running and would be glad to share a position or even relinquish a position to an interested party. If interested please call or e-mail Cindy Gilbert (cmg@chemungarc.org) or Marcelle Sadler (mks@chemungarc.org) at 734-6151.

February's Meeting

We have a great speaker for February's meeting. **Jackie Eakin**, a clinical social worker from Fingerlakes DDSO will speak on "Sexuality and your Family-Consciousness Raising."



The meeting will be for adults only, though the topic will touch on all ages. Frequently our loved ones with Down Syndrome have a gap between their mental development and their physical development. We give them information at their intellectual level yet they must be aware of the implications of their physical development as well. Jackie will help us bridge that gap. She would love to hear questions or topics of interest to help her prepare for her presentation. Please e-mail your input to Michelle at mbatters@rr.com and she will forward them to Jackie. RSVPs to the meeting would be appreciated. Child care will be available as always.

Sponsored by:



Next Meeting:

February 22, 2006 6pm Chemung ARC

Calendar of Events:

Wednesday, February 22nd, 6pm, Monthly meeting @ Chemung ARC
Speaker: Jackie Eakin - "Sexuality and your Family-Conscious raising", RSVP
Wednesday, March 22nd, 6pm, Monthly meeting, Open Forum @ Chemung ARC
Saturday, July 15th, Summer Picnic (tentative date)
Saturday, September 30th, 3rd Annual Buddy Walk

The Doors Are OPEN!

IT'S OFFICIAL...

**...The Lending Library
is Up and Running**



We have a selection of some excellent resource books and video tapes.

We will publish a full list in our next newsletter.

You can borrow items free of charge to be returned or renewed in 4 weeks. The cart will be available at all meetings. You can also make arrangements to pick up a specific book during working hours by calling Cindy Gilbert at 734-6151 and she will arrange a time when you can pick up your selection.

Thanks to Chris Heckle and Michelle Battersby for getting this project off the ground. We will continue to add to our collection. If you have discovered a good resource or are looking for something in particular please let us know.

Buddy Walk Meeting

FEBRUARY 7th

Yes, it's time to get started again.

We need a chairperson, committee members, and worker ants too.

If you're willing to get involved at any level, please try to attend or call Marcelle or Cindy at 734-6151 and someone will get back to you.

**MARK YOUR
CALENDARS
NOW...**

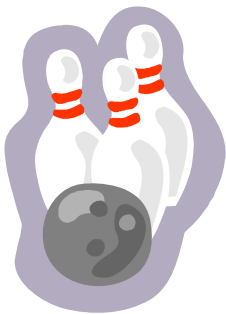
**SATURDAY
SEPTEMBER
30th**

**OUR 3rd ANNUAL
BUDDY WALK**



Congratulations

to Zach and his friend Ryan for placing 2nd in the Elmira City Youth Bowling Tournament. Zach is the only "disabled" individual in the league. We might need to rethink the definition of that word!



New Dental Clinic

Cerebral Palsy of Chemung County has opened a dental clinic for individuals with disabilities at their Charles Street facility in Elmira. They accept most insurances and Medicaid.

The building is handicapped accessible and is equipped to accommodate a wide variety of special needs. For information you can call 271-2400 and ask for Stephanie in the dental clinic.

